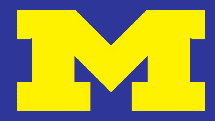
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**MUHLENBERG SCHOOL DISTRICT ATHLETICS MENU**

**MUHLENBERG JUNIOR HIGH SCHOOL FALL SPORTS**

**Open for students in grades 7-9 at MJHS-Practices begin on 8/18/25**

**Students MUST have physicals completed and turned in to our Athletic Training Staff prior to first practice**

**Sports and Coaching Contact**

Football—Coach Frymoyer: [frymoyers@muhlsdk12.net](mailto:frymoyers@muhlsdk12.net)

Field Hockey—Coach Yenser: [yensere@muhlsdk12.net](mailto:yensere@muhlsdk12.net)

Cross Country (Boys and Girls)—Coach Cook: cookcentere@gmail.com

Boys Soccer—Coach Angove: [angoved@muhlsdk12.net](mailto:angoved@muhlsdk12.net)

Girls Soccer—Coach Mease: [bmease916@yahoo.com](mailto:bmease916@yahoo.com)

Girls Volleyball—Coach Solvino: [solvinod@muhlsdk12.net](mailto:solvinod@muhlsdk12.net)

Cheer: Coach Blunt: [kblunt1227@gmail.com](mailto:kblunt1227@gmail.com)

**MUHLENBERG HIGH SCHOOL FALL SPORTS**

**Practices begin 8/11/25**

**Sports and Coaching Contact**

Football--Coach Flowers: rlflowers525@gmail.com

Field Hockey—Coach Buono: [tarpia16@gmail.com](mailto:tarpia16@gmail.com)

Volleyball—Coach Campbell: vbaddict4vr@aim.com

Boys Soccer—Coach Medina: [mexicosoccer98@gmail.com](mailto:mexicosoccer98@gmail.com)

Girls Soccer—Coach Houck: [houckd@muhlsdk12.net](mailto:houckd@muhlsdk12.net)

Girls Tennis—Coach Kopetsky: [kopetskyb@muhlsdk12.net](mailto:kopetskyb@muhlsdk12.net)

Cross Country (Boys and Girls)—Coach Conrad: [conradj@muhlsdk12.net](mailto:conradj@muhlsdk12.net)

Golf (Boys and Girls)-- Coach Laxton: laxtoni@muhlsdk12.net

Water Polo (Boys and Girls)—Coach Woollery: woollery45@gmail.com

Cheer—Coach Eberhart: eberhartj@muhlsdk12.net

**ATHLETIC TRAINING STAFF**

Ashley Care: [carea@muhlsdk12.net](mailto:carea@muhlsdk12.net)

Dan Kropf: kropfd@muhlsdk12.net