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**MUHLENBERG SCHOOL DISTRICT ATHLETICS MENU**

**MUHLENBERG JUNIOR HIGH SCHOOL FALL SPORTS**

**Open for students in grades 7-9 at MJHS-Practices begin on 8/18/25**

 **Students MUST have physicals completed and turned in to our Athletic Training Staff prior to first practice**

**Sports and Coaching Contact**

Football—Coach Frymoyer: frymoyers@muhlsdk12.net

Field Hockey—Coach Yenser: yensere@muhlsdk12.net

Cross Country (Boys and Girls)—Coach Cook: cookcentere@gmail.com

Boys Soccer—Coach Angove: angoved@muhlsdk12.net

Girls Soccer—Coach Mease: bmease916@yahoo.com

Girls Volleyball—Coach Solvino: solvinod@muhlsdk12.net

Cheer: Coach Blunt: kblunt1227@gmail.com

**MUHLENBERG HIGH SCHOOL FALL SPORTS**

**Practices begin 8/11/25**

**Sports and Coaching Contact**

Football--Coach Flowers: rlflowers525@gmail.com

Field Hockey—Coach Buono: tarpia16@gmail.com

Volleyball—Coach Campbell: vbaddict4vr@aim.com

Boys Soccer—Coach Medina: mexicosoccer98@gmail.com

Girls Soccer—Coach Houck: houckd@muhlsdk12.net

Girls Tennis—Coach Kopetsky: kopetskyb@muhlsdk12.net

Cross Country (Boys and Girls)—Coach Conrad: conradj@muhlsdk12.net

Golf (Boys and Girls)-- Coach Laxton: laxtoni@muhlsdk12.net

Water Polo (Boys and Girls)—Coach Woollery: woollery45@gmail.com

Cheer—Coach Eberhart: eberhartj@muhlsdk12.net

**ATHLETIC TRAINING STAFF**

Ashley Care: carea@muhlsdk12.net

Dan Kropf: kropfd@muhlsdk12.net